

North Sound Conference
2019 All Conference Track Field

Men

First Team

Second Team

100m	Jean Lund Olsen	11	Coupeville	Danny Conlisk	12	Coupeville
200m	Danny Conlisk	12	Coupeville	Jean Lund Olsen	11	Coupeville
400m	Danny Conlisk	12	Coupeville	Michael Gabelein	11	King's
800m	Callahan Yale	12	South Whidbey	Obed Cushing	12	Sultan
1600m	Callahan Yale	12	South Whidbey	Isaac Cortes	11	Granite Falls
3200m	Isaac Cortes	11	Granite Falls	Anthony Hart	12	King's
110m	Bodie Hezel	11	South Whidbey	Kole Nelson	11	South Whidbey
300m	Pierce Papke	12	King's	Bodie Hezel	11	South Whidbey
4x100	Danny Conlisk		Coupeville	Max Dodd		South Whidbey
	Tiger Johnson			Bodie Hezel		
	Sean Toomey-Stout			Carl Henri Chapman		
	Jean Lund Olsen			Caden Spear		
4x400	Max Dodd		South Whidbey	Elias Foley		Cedar Park Christian
	Michael Cepowski			Trent Mortensen		
	Cody Eager			IB Kelly-Briggs		
	Callahan Yale			Ethan Thomas		
Shot Put	Samuel Van Peursem	12	Cedar Park Christian	Ryan Labrador	12	Coupeville
Discus	Samuel Van Peursem	12	Cedar Park Christian	Michael Bicknell	12	King's
Javelin	Casey Needham	11	King's	Casey Justus	12	South Whidbey
High Jump	Koa Davison	11	Coupeville	Will Chi	10	Cedar Park Christian
Pole Vault	Cody Chew	11	King's	Alex Grimm	12	King's
Long Jump	Sean Toomey-Stout	11	Coupeville	Carl Henri Chapman	10	South Whidbey
Triple Jump	David Zhang	10	King's	Sean Toomey-Stout	11	Coupeville

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Women

First Team

Second Team

100m	Mattason Straub	11	South Whidbey	Hannah Hawkins	9	King's
200m	Hannah Hawkins	9	King's	Kaitlyn Ventler	11	Cedar Park Christian
400m	Hannah Hawkins	9	King's	Mallory Kortuem	11	Coupeville
800m	Naomi Smith	11	King's	Elie Bassett	9	Granite Falls
1600m	Naomi Smith	11	King's	Greta Gunning	12	King's
3200m	Kaia Swegler-Richmond	10	South Whidbey	Greta Gunning	12	King's
110m	Emma Culberson	12	King's	Lindsey Roberts	12	Coupeville
300m	Emma Culberson	12	King's	Molly Cobbs	9	South Whidbey
4x100	Hannah Carrithers		King's	Maya Toomey-Stout		Coupeville
	Maci Hodgins			Ja'Tarya Hoskins		
	Kat Kirkpatrick			Mallory Kortuem		
	Hannah Hawkins			Lindsey Roberts		
4x200	Hannah Carrithers		King's	Lindsey Roberts		Coupeville
	Maci Hodgins			Ja'Tarya Hoskins		
	Peyton Hammond			Mallory Kortuem		
	Kat Kirkpatrick			Maya Toomey-Stout		
4x400	Grace Complita		South Whidbey	Lucy Sandahl		Coupeville
	Alexandra Kurtz			Mikaela Labrador		
	Mallory Drye			Ja'Tarya Hoskins		
	Kaia Swegler-Richmond			Alana Mihill		
Shot Put	Emma Smith	12	Coupeville	Ellie Gaenz	11	King's
Discus	Lexi StaretsFoote	12	South Whidbey	Emma Smith	12	Coupeville
Javelin	Mikaehla Brown	11	Cedar Park Christian	Jenny Rodenbaugh	11	Granite Falls
High Jump	Emma Storkson	11	King's	Jenny Rodenbaugh	11	Granite Falls
Pole Vault	Maci Hodgins	11	King's	Mallory Kortuem	11	Coupeville
Long Jump	Maya Toomey-Stout	11	Coupeville	Kaitlyn Ventler	11	Cedar Park Christian
Triple Jump	Daesha Smith	12	Granite Falls	Jenny Rodenbaugh	11	Granite Falls